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Food and Wine Trip to Molise in February

Flavour of Italy, who run the Italian School of Cooking in Dublin have organised a once in a lifetime trip to the unspoilt Molise region - a food and wine packed 4 day/3 night trip for just €440 per person. Enjoy the local cuisine and wines in historic venues, take a jeep tour to discover the wild countryside, sample Molisan cuisine including pallotte, the typical carvinval meatball of the region and listen to the music of local artists. Wine lovers can taste the wines of the region. (Price does not include travel to Rome from where you will be collected and brought to Molise). More information at the Flavour of Italy website. Places are limited so you need to book early.